

Communicable Disease Response Plan - August 2021

1. Personal Hygiene
 - a. all members (skaters, coaches, parents, volunteers and other participants) will practice good hand hygiene, including frequent handwashing/sanitizing, coughing/sneezing into your sleeve, no handshaking, etc.
 - b. all members must sanitize their hand immediately before and after handling safety mats or any other shared club equipment
 - c. spitting on the ice is forbidden
 - d. proof of vaccination may be required for members 12 and over
2. Non-medical face masks
 - a. all members must wear a non-medical mask in all indoor settings, except skaters when they are on the ice
 - b. masks are optional for skaters on the ice - they may remove their mask in the changeroom when they put on their helmet immediately preceding heading to the ice
3. Stay at home when you are sick
 - a. all members will conduct routine daily health checks
 - b. any member with symptoms (even mild) must not attend practices or club events
4. Environmental hygiene
 - a. only one coach will handle the track markers, water buckets and other on-ice equipment
 - b. skaters may assist coaches by moving track markers with their blades
 - c. skaters may be assigned equipment (buckets, noodles, etc), but must not share that piece of equipment with others
 - d. all equipment will be sanitized immediately after the practice
 - e. coaches will use electronic whistles
 - f. member will keep their personal equipment separate from others and refrain from sharing personal equipment or touching the equipment of other members
5. Safe social interactions
 - a. all members will always maintain a safe social distance (2 meters) in change rooms, benches, bleachers and all other areas
 - b. member of the same family cohort do not need to maintain this social distance
 - c. skaters may skate in closer proximity during practice for specific exercises, drills and activities
6. Physical modifications
 - a. all members will only occupy the change room and rink assigned to us by Planet Ice
 - b. members will not congregate or loiter in the lobby of Planet Ice
 - c. members will follow all guidelines posted by the Planet Ice facility
7. Communication
 - a. the Safety Coordinator will relay all information to the club through email, including updates, changes, and clarifications to this Communicable Disease Action Plan.