



Jingle Bell Challenge



- DATE & LOCATION: Saturday, Nov. 30, 2019 - Planet Ice, 23588 – Jim Robson Way
Maple Ridge, BC
- MEDICAL: Lucas Nash and Greg Sales – Primary Care Paramedics
- SANCTION: BCSSA Sanctioned
- MEET ENTRIES: List of registrants, must be e-mailed to Meet Recorder, **Shelley Abbott** by Friday, Nov 15, 2019 by 11:59pm. Excel spreadsheet is attached for you to submit your entries by email: Shelley_Abbott@telus.net
- MEET COORDINATOR: If you have any questions regarding the meet please direct them to: Meet Coordinator – **Mae Shupe**: shorttrackshupe@gmail.com
- ENTRY FEE: \$15.00 Active Start. (Includes \$2 Officials Development Fund)
Other Skaters \$35.00 (Includes \$2 Officials Development Fund)
- FORMATS: Skaters will race **3 distances** with a possible 4th distance if time allows. It will be Single Distance format. All distances are finals. **All races will be run on the 100m track. There will be no 111.12 races.** Active Starts will not skate at noon but will skate integrated with all the other skaters. Maximum of 80 skaters
- SAFTY & EQUIPMENT: All skaters are required to wear equipment as outlined by SSC Procedures and Regulations D3-100. All skaters are required to wear shatter resistant protective sport glasses (clear or yellow are recommended) or complete visor. Glasses must be held in place by an elastic strap. Skaters helmets must conform to SSC Rule D-3, "No bicycle helmets are allowed". Helmets must be CSA approved and must be securely fastened under the chin. Skate Tip Blade Safety: ends must be rounded off with min. of 10 mm. radius in accordance with ISU rule 291. Skaters must wear cut resistant tubes for all competitions/meets when NO cut resistant suit is worn as indicated in rule D3-100.
- IMPORTANT: Registration: Saturday Nov. 30, 2019 at 7:30-8:00 am at Planet Ice. For ease of registration/bookkeeping, we request that we receive one group registration and cheque (payable to Ridge Meadows Speed Skating Association) per club. **Any scratches made after 11:59 pm Tuesday, Nov 26, 2019** the skater's club will be required to pay the registration fee on behalf of the skater. Please make sure that you have all your parents sign the skater form if they are minors.
- TENTATIVE SCHEDULE Subject to change/please arrive at the rink before 7:00
General Registration 7:30 AM Entry Way of Planet Ice
Officials & Coaches Meeting 7:45
Warm Up Cam Neeley Arena
Begins at 8:00AM – Will be sent club registrars before meet, posted on our website and at the arena the morning of the meet.
Ice Clean 8:30 to 8:45 AM
Racing 8:45 AM to 12:45 PM
- ENTRY CLOSING DATE: **11:59 PM, Friday November 15, 2019**
Makes Cheques payable to **Ridge Meadows Speed Skating Association**



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RELEASE AND WAIVER OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT

BY SIGNING THIS AGREEMENT YOU WILL WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE.

PLEASE READ THIS DOCUMENT CAREFULLY

Initials

I, _____ Name of Minor

Address: _____

City: _____

Province and Postal Code _____

Date of Birth _____(m)_____(d)_____(y)

Hereby acknowledge and agree that:

Speed Skating may be dangerous, exposing participants to many risks and hazards, some of which are inherent in the very nature of **Speed Skating** itself, others which result from human error and negligence on the part of the persons involved in preparing, organizing and staging the **speed skating practice(s), meet(s), event(s) and/or activity(ies)**;

As a result of the aforesaid risks and hazards, I as a participant may suffer serious personal injury, even death, as well as property loss; Some of the aforesaid risks and hazards are foreseeable, but others are not;

I nevertheless **FREELY AND VOLUNTARILY ASSUME ALL THE AFORESAID RISKS AND HAZARDS**, and that, accordingly, my preparation for, and participation in **Speed Skating and SHALL BE ENTIRELY AT MY OWN RISK**;

I understand that neither **Ridge Meadows Speed Skating Association** nor any of its directors, officers, employees, sponsors, independent contractors, members, players or agents assume any responsibility whatsoever for my safety during the course of my preparation for or participation in **speed skating practice(s), meet(s), event(s) and/or activity(ies)**;

I have carefully read this **ACKNOWLEDGEMENT AND ASSUMPTION OF RISK FORM**, fully understand same, and acknowledge that I am freely and voluntarily executing this Form;

I have been given the opportunity and have been encouraged to seek legal and parental advice prior to signing this Form;

I clearly understand that **Ridge Meadows Speed Skating Association** would not permit me to participate in the **speed skating meet(s) and/or speed skating activities** unless I signed this **ACKNOWLEDGEMENT AND ASSUMPTION OF RISK FORM**, and that this **ACKNOWLEDGEMENT AND ASSUMPTION OF RISK FORM** applies to the **speed skating practice(s), meet(s), event(s) and/or activity(ies)** and that the terms of this Form and have been explained to me by **Ridge Meadows Speed Skating Association** or one or more of their representatives and my parents; and

I am physically capable of participating in **speed skating practice(s), meet(s), event(s) and/or activity(ies)** and that I have no pre-existing conditions that would hinder my ability to participate in **speed skating practice(s), meet(s), event(s) and/or activity(ies)**.

Parent and/or Legal Guardian (Print)

Parent and/or Legal Guardian Signature

Date

Minor's Full Name (Print)

Minor's Signature (14 or over)

Date

Witness Name (Print)

Witness Signature

Date

I have read and agree to the BCSSA Concussion Protocol (The BCSSA Concussion Protocol can be found at <http://www.speed-skating.bc.ca/about/safety/>)

I agree to have Names, results, Video clips and photos may be published on boards, Webpages, and in the media or newsletters. If you have questions about the collection of or use of this information, contact the event Co-ordinator

Age Class _____ (AS, FUNd, L2T, T2T) All L2T's will skate a 1200m and T2T's 1500m unless otherwise specified by coach or parent

Distance	Time	Date and Location
100m (AS)		
200m (AS-T2T)		
400m (AS-T2T)		
1200m (L2T)		
1500m (T2T)		