

# Ridge Meadows Speed Skating Award

## **Active Start (AS) – Female 3 to 5 yrs & Males 3 to 6 years old**

Iron

- ❖ Skater attend practice

Bronze

- ❖ Skater will attend practice and 1 BCSSA sanctioned meet.

Silver

- ❖ Skater will attend practice and 3 BCSSA sanctioned meets.

Gold

- ❖ Skater will attend practice and 5 BCSSA sanctioned meets and FUNale

## **Fundamentals (FUNd) – F 6 to 8 & M 7 to 9 y/o**

Iron

- ❖ Skater attend practice

Bronze

- ❖ Skater will attend practice and 1 BCSSA sanctioned meet.

Silver

- ❖ Skater will attend practice and 3 BCSSA sanctioned meets
- ❖ Or Attended a Regional FUNale

Gold

- ❖ Skater will attend practice &
- ❖ Attend 5 BCSSA sanctioned meets &
- ❖ Make the L2T qualifying time standards for BCST

## **Learn to Train (L2T) – F 8 to 10 / M 9 to 11 y/o**

Iron

- ❖ Skater attend practice

Bronze

- ❖ Skater will attend practice and 1 BCSSA sanctioned meet.
- ❖ Attended the Regional FUNale

Silver

- ❖ Skater will attend practice &
- ❖ Attend 3 BCSSA sanctioned meets
- ❖ Or make provincial qualifying times for BC Short Track for their age class

Gold

- ❖ Skater will attend practice &
- ❖ Attend 5 BCSSA sanction meets
- ❖ Or Medal at BC Short Track or BC LT
- ❖ Qualify and attend a Western T2T Circuit Meet

## **Train to Train (T2T) – F 11 to 14 / M 12 to 15 y/o**

Iron

- ❖ Skater attend practice

Bronze

- ❖ Skater will attend practice and 1 BCSSA sanctioned meet.

Silver

# Ridge Meadows Speed Skating Award

- ❖ Skater will attend practice &
- ❖ 3 BCSSA sanctioned meets
- ❖ Or make provincial qualifying times for BC Short Track for their age class
- ❖ Or attend 1 Western T2T Elite Circuit

## Gold

- ❖ Attend at least 5 BCSSA or SSC sanction meets
- ❖ Or Medal at BC Short Track or BC Long Track
- ❖ Or qualify for Can West
- ❖ Or qualify for BC Winter Game
- ❖ Or Relay Medal at BC Winter Games
- ❖ Or Medal in two distances or top 3 overall in Western T2T
- ❖ Or attended 2 Western Elite Circuit Meets

## Platinum

- ❖ Attend 5 BCSSA or SSC Sanction meets
- ❖ Or Medal (individual) at Can West or Canadian Age Long Track
- ❖ Or Medal (individual) BC Winter Games
- ❖ Or chosen for Canada Winter Games Team
- ❖ Or top 50% of all the Junior skaters who attended the Western Elite Circuit Meets
  - For example, if there were 100 skaters who were ranked during all the WEC meets and the skater received a rank of 50 at the end of the season then they finished in the top 50%
- ❖ Or achieve Provincial Program Performance Level Black
- ❖ Attended Junior Selections #2

## Trophy (small)

- ❖ Overall Winner for T2T division at Canada West or Canadian Age LT Championship
- ❖ Top 30% of all Juniors who attended the Western Elite Circuit Meets

## **The Competitor for Life/Recreational Skater M&F 15+ y/o**

### Iron

- ❖ Skater attend practice

### Bronze

- ❖ Skater will attend practice and 1 BCSSA sanctioned meet.

### Silver

- ❖ Skater will attend practice &
- ❖ Attend 3 BCSSA meets
- ❖ Or make provincial qualifying times for BCST for C4L age class

### Gold

- ❖ Medal at BCST in their age class

### Platinum

#### C4L 30+ only

- Qualify for a National Competition for Age Class nationally or internationally

### Trophy (small)

#### C4L 30+ only

- Medal in a National Competition for Age Class nationally or internationally

# Ridge Meadows Speed Skating Award

## Juniors - JrB - M&F 15-16 / JrA - M&F 17-18 y/o

### Iron

- ❖ Skater attend practice

### Bronze

- ❖ Skater will attend practice and 2 BCSSA sanctioned meet.

### Silver

- ❖ Skater will attend practice or
- ❖ Attend 5 BCSSA sanction meets
- ❖ Or attend 2 Western Elite Circuit
- ❖ Or provincial qualifying times for BCST for their Performance Level

### Gold

- ❖ Qualify for BC Winter Game
- ❖ Or achieve Provincial Program Performance Level Black
- ❖ Or attended a Junior Selection#2
- ❖ Or top 50% of overall Juniors attended the Western Elite Circuit Meets
  - For example, if there were 100 skaters who were ranked during the WEC meets and the skater received a rank of 50 at the end of the season then they finished in the top 50%

### Platinum

- ❖ Achieved Provincial Program Performance Level Iron
- ❖ Or attended at National Qualifier
- ❖ Or top 30% overall Juniors in all Western Elite Circuit Meets
- ❖ Or attended National Qualifier
- ❖ Or Medal (individual) at BCST (individual) at BCLT
- ❖ Or Medal (individual) at BC Winter Games
- ❖ Or top 50% at Junior Selections#2
- ❖ Or Chosen for Canada Winter Games Team

### Trophy (small)

- ❖ Relay Medal at Canada Winter Games
- ❖ Or Top 10 individual distance at Canada Winter Game
- ❖ Or achieve Provincial Program Performance Level Bronze
- ❖ Or individual medal at CALT
- ❖ Top 20 overall in Juniors Selections#2
- ❖ Top 30 at Juniors Selections #1
- ❖ Top 30 Juniors at National Qualifier
- ❖ Qualify to attend Canadian Selections

### Trophy (med)

- ❖ Individual Medal at Canada Winter Games
- ❖ Or achieve Provincial Program Performance Level Silver
- ❖ Or Top 5 overall in Juniors Selection #2
- ❖ Or Top 10 overall in Juniors Selection #1
- ❖ Or Next Generation Team

### Trophy (large)

- ❖ Gold Medal at Canada Winter Games
- ❖ Or Qualified for World Junior
- ❖ Qualified to the Olympic Trials
- ❖ Or Made Junior Development Team

# Ridge Meadows Speed Skating Award

## Neo Senior M&F 19-22 & Senior M&F 23-30 y/o

### Iron

- ❖ Skater attend practice

### Bronze

- ❖ Skater will attend practice and 3 BCSSA sanctioned meet.

### Silver

- ❖ Or attended National Qualifier
- ❖ Or top 40% of all the skaters who attended the Western Elite Circuit Meets
  - For example, if there were 100 skaters who were ranked during the WEC meets and the skater received a rank of 40 at the end of the season then they finished in the top 40%

### Gold

- ❖ Achieved Provincial Program Performance Level Bronze
- ❖ Or Top 25 overall for National Qualifier
- ❖ Or Top 25% overall in Western Elite Circuit Meets
- ❖ Medal at BCST at Performance Level
- ❖ Medal at BCLT at Performance Level
- ❖ Or Chosen for Canada Winter Games Team

### Platinum

- ❖ Ranked Top 10% in Western Elite Circuit Meets
- ❖ Or Top 15 at National Qualifier
- ❖ Or Medal Relay at a Canada Winter Games
- ❖ Or Medal at CALT
- ❖ Or Qualify to Canadian Olympic Trials

### Trophy (small)

- ❖ Individual Medal of Canada Winter Games
- ❖ Or Next Generation Team
- ❖ Or Overall Champion at CALT

### Trophy (med)

- ❖ Achieve Provincial Program Performance Level Silver
- ❖ Or Top 10 overall in Canadian Selection #2
- ❖ Or Top 15 overall in Senior Selection #1
- ❖ Qualified for Olympic Trials
- ❖ Made Development Team

### Trophy (large)

- ❖ Made National Team
- ❖ Or Skated a World Cup

### Trophy (extra-large)

- ❖ Made Olympic Team
- ❖ Or Medal at World Cup

### Trophy (Gigantic)

- ❖ Olympic Medalist